

YES ✓	YES ✓	NO ✗	NO ✗	NO ✗
Studs (moulded)	Plastic Studs / Screw In (screw in less than 15mm)	Blades or Boots with metal or metal tipped studs (less than 15mm)	Astro Turf Trainers	Flat Soled eg. Indoor or Running Trainers
				
Please make sure your boots are clean and studs are in good condition before going onto the pitch. Anyone with inappropriate or muddy footwear will be asked to leave the pitch as it damages the playing surface. Thank You.				